



COVID-19 Screening Poster

Screen yourself for COVID-19 using this poster. Please do not enter if you answer YES to any of the questions.

Updated March 21, 2022

1. A) Do you or anyone in your household have 1 or more of these new or worsening symptoms today or in the last 5 or 10 days*?



Fever > 37.8°C and/or chills



Cough



Difficulty breathing



Decrease or loss of taste/smell

B) Do you or anyone in your household have 2 or more of these new or worsening symptoms today or in the last 5 or 10 days*?



Sore throat



Headache



Feeling very tired



Runny nose/
nasal congestion



Muscle aches/
joint pain



Nausea, vomiting
or diarrhea

- If the symptom is from a known health condition that gives you/them the symptom, select "No". If the symptom is new, different or getting worse, select "Yes".
- If there is mild tiredness, sore muscles or joints within 48 hours after a COVID-19 vaccine, select "No".
- Anyone who is sick or has any symptoms of illness, should stay home and seek assessment from their health care provider if needed.



If "YES": Stay home & self-isolate.



Your household must self-isolate*

If you have one symptom from Part B stay home until symptoms improve for at least 24 hours or 48 hours if nausea/vomiting/diarrhea.

2. Have you or anyone in the household had a positive COVID-19 test in the last 5 or 10 days*, or been told to stay home and self-isolate?

Yes

No

- If you had a positive test or live with someone who is isolating or awaiting test results select "Yes"



If "YES": Stay home & self-isolate.*

3. In the last 14 days, have you travelled outside of Canada?

Yes

No



If "YES": Follow federal quarantine [travel rules](#) including required measures for quarantine exempt travellers.

This tool is consistent with provincial guidance: [Coronavirus \(COVID-19\) self-assessment \(ontario.ca\)](#)

*You or household members do not need to self-isolate if no symptoms and not had a positive test and either: had a confirmed COVID-19 infection within 90 days***; OR are 18 + and boosted****; OR are 17 years or younger and fully vaccinated**.



*Use 5 days: If the person is fully vaccinated or 11 years or younger. Use 10 days: If they are 12 years or older and not fully vaccinated; or immune compromised; or at a high risk congregate setting

**Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.

***Confirmed COVID-19 infection within 90 days means: if tested positive within 90 days on a Rapid Antigen, or a PCR test AND completed self-isolation. Then, do not need to self-isolate if someone in the home has symptoms.

****Boosted means received a booster dose 3 months or more after a primary vaccine series.